

Breakfast Menu

Classics

All American Breakfast 15

Two eggs your way, with chive hash brown potatoes. Choose crisp bacon, ham steak, Canadian bacon, or pork, turkey or chicken apple sausage, and toast, bagel or muffin. Includes juice and coffee

Good Start Buffet 16

Oatmeal, cold cereal, house made granola, tropical fruits and assorted homemade breakfast breads. Includes juice and coffee

International Buffet 21

Freshly made omelets, waffles, breakfast potatoes, sausage, bacon, assorted homemade breakfast breads and pastries, smoked salmon, freshly sliced tropical fruits, a variety of local specialties and a selection of international cheeses. Includes juice and coffee

3-Egg Omelets

Served with choice of white, whole grain, rye or wheat toast

Mushroom, Spinach & Tomato 13

Roasted mushrooms, baby spinach leaves and oven dried tomatoes, served with chive hash brown potatoes

Caribbean Omelet 12

Jerk chicken, onions, peppers and cheddar cheese, served with chive hash brown potatoes

Signatures

Salt Fish Creole Eggs 14


Stewed salt fish in tomatoes and spices, topped with poached eggs and habanera sauce, served with chive hash brown potatoes & choice of toast

Snapper Eggs Benedict 14

Corn crusted pink snapper, topped with poached Eggs & a chipotle hollandaise sauce, served with chive hash brown potatoes & choice of toast

Crab Cake Eggs Benedict 14

Sautéed crab cakes topped with poached eggs and hollandaise sauce, served with chive hash brown potatoes & choice of toast

The Mixed Grill  carb-conscious 17

Two eggs your way, served with a grilled flat iron steak, crisp bacon and your choice of pork, turkey or chicken apple sausage and your choice of toast

Egg White Frittata  low cholesterol 13

Mushrooms, spinach and tomatoes served with chive hash brown potatoes and choice of toast

Tropical Fruit Plate  low fat 11

Served with low fat vanilla yogurt

Specialties

Pancakes 10

Banana nut, blueberry or plain, served with your choice of crisp bacon, ham steak, Canadian bacon or pork, turkey or chicken apple sausage

French Toast 10

Served with your choice of crisp bacon, ham steak, Canadian bacon or pork, turkey or chicken apple sausage

Belgian Waffle 10

Original malted waffle served with your choice of crisp bacon, ham steak, Canadian bacon or pork, turkey or chicken apple sausage

Smoked Salmon Bagel 11

Served with the traditional accompaniments

Classic Eggs Benedict 13

Poached eggs over a toasted English muffin and Canadian bacon, topped with hollandaise sauce, served with chive hash brown potatoes

Broken Yolk Egg Sandwich 11

Grilled sourdough bread, fried eggs, crisp bacon, tomato and cheddar cheese; served with chive hash brown potatoes

Grilled Steak "N" Eggs 17

Grilled NY Strip steak, two eggs your way, sautéed fresh spinach; served with chive hash brown potatoes & choice of toast

Sides & Beverages

Side of bacon, ham steak, Canadian bacon, pork, turkey or chicken apple sausage 3

Side of chive hash browns 3

Side of fruit 4

Choice of bagel with cream cheese 3

Choice of muffin, white, whole grain, rye or wheat toast 3

Oatmeal with fresh fruit & brown sugar 6

Assorted cold cereal (2) 6

Assorted yogurt 3

Almond granola yogurt parfait 7

Tropical fruit smoothie 6

Juice 3

(Orange, Cranberry, Pineapple, Apple, Tomato or V8)

Espresso 3

Cappuccino, Latte, Double Espresso 4

Coffee, Decaffeinated Coffee, Hot Tea

Milk, Chocolate Milk, Hot Chocolate 3

Soda 3

(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda)

- Carb Conscious: A side of mushrooms, spinach, tomatoes and may be substituted for breakfast potatoes
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness

A 10% service charge and applicable sales tax will be added to all orders

No personal checks accepted

No Buffet Items Will Be Available To Go

Lunch Menu

Small Bites

Grilled Shrimp Cocktail	13
Chilled jumbo shrimp, served with a habanero cocktail sauce	
Chicken Wings 	9
Jerk or BBQ flavored, served with celery and blue cheese	
Grilled Portobello Mushroom	10
Stuffed with wilted spinach & pecorino cheese	
Chicken Quesadilla	12
Jalapeno Monterey jack cheese, tomatoes and green onions, served with sour cream, salsa and guacamole	
Skirt Steak Nachos	13
Crisp tortillas, pepper jack cheese, grilled marinated skirt steak, diced tomato & scallions, served with sour cream, guacamole and salsa	

Soups & Salads

West Indian Seafood Chowder	6
Fresh fish and vegetables in a tomato broth	
Caesar Salad	Half 7 Whole 12
Add Chicken 4	Add Shrimp 5
Crisp romaine lettuce, parmesan cheese, herb croutons and Caesar dressing	
Calypso Garden Salad	Half 7 Whole 12
Mixed greens, tomatoes, cucumber, peppers and mango with buttermilk ranch dressing	
Caribbean Cobb Salad	13
Jerk chicken, mixed greens, bacon, eggs, avocado, mango and crumbled blue cheese with an herb vinaigrette	

Sandwiches


Served with French fries, cole slaw & pickle. Whole grain bread may be substituted on any sandwich

The Classic Club	12
Sliced smoked turkey, crisp bacon, lettuce, tomato & mayonnaise on white toast	
Jerk Chicken Sandwich	12
Grilled chicken breast, lettuce, tomato & a mustard mango spread on a pretzel roll	
Fish Caesar Wrap	13
Fried fish and our Caesar salad wrapped in a flour tortilla served with a side of tartar sauce	
Marriott Burger	14
Angus beef, cheddar cheese, bacon, lettuce, tomato & onion on a Kaiser roll	

Signature Sandwiches

Chicken Roti	14
Curried chicken wrap served with a tomato & cucumber salad	
Frigate Bay BLT & Fries	12
Sliced smoked turkey, a fried egg, crisp bacon, lettuce, tomato & mayonnaise on white toast	

Large Bites

Grilled Salmon 	20
Served over mixed greens with a chipotle lime vinaigrette	
Vegetarian Chili 	16
Mushrooms, peppers, eggplant, squash and smoked chilis with lentil rice	
Calypso Grilled Chicken 	17
Grilled chicken breast with a black bean, mango and watermelon salsa	
Skirt Steak Churrasco	21
Chimichurri marinated beef, grilled and served over mashed potatoes	
Guava BBQ Ribs	20
Full rack of spare ribs with guava BBQ sauce, served with French fries	
Pasta & Sausage Bolognese	16
Pasta tossed with Italian sausage, broccoli rabe and pecorino cheese	

Sides

French Fries	4
Mashed Potatoes	4
Jasmine Rice	4
Cole Slaw	3
Roasted Vegetables	4

Dessert

Classic Key Lime Pie	7
Zesty, lime cream with a graham cracker and pecan crust	
Warm Apple Tart	8
With vanilla ice cream and raspberry sauce	
White Chocolate Bread Pudding	8
With sorrel sauce	
Chocolate Mousse Truffle	7
With orange and raspberry sauce	
Ice Cream / Gelato	4

- Whole grain pasta may be substituted for regular pasta / Whole grain rolls are available for bread service
You may substitute a Side of Greens or Fruit for French Fries for \$2.95
Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

A 10% service charge and applicable sales tax will be added to all orders
No personal checks accepted



Café Menu

(2pm-11pm)

Small Bites

- Grilled Shrimp Cocktail** 13
Chilled jumbo shrimp, served with a habanero cocktail sauce
- Chicken Wings**  carb-conscious 9
Jerk or BBQ flavored, served with celery and blue cheese
- Chicken Quesadilla** 12
Jalapeno Monterey jack cheese, tomatoes and green onions, served with sour cream, salsa and guacamole

Soups & Salads



- West Indian Seafood Chowder** 6
Fresh fish and vegetables in a tomato broth
- Caesar Salad** **Half** 7 **Whole** 12
Add Chicken 4 Add Shrimp 5
Crisp romaine lettuce, parmesan cheese, herb croutons and Caesar dressing
- Calypso Garden Salad**
Half 7 **Whole** 12
Mixed greens, tomatoes, cucumber, peppers and mango with buttermilk ranch dressing

Sandwiches

Served with French fries, cole slaw & pickle. Whole grain bread may be substituted on any sandwich

- The Classic Club** 12
Sliced smoked turkey, crisp bacon, lettuce, tomato & mayonnaise on white toast
- Marriott Burger** 14
Angus beef, cheddar cheese, bacon, lettuce, tomato & onion on a Kaiser roll
- Chicken Roti** 14
Curried chicken wrap served with a tomato & cucumber salad

Large Bites

- Vegetarian Chili**  low cholesterol 16
Mushrooms, peppers, eggplant, squash and smoked chilis with lentil rice
- Calypso Grilled Chicken**  low fat 17
Grilled chicken breast with a black bean, mango and watermelon salsa
- Guava BBQ Ribs** 20
Full rack of spare ribs with guava BBQ sauce, served with French fries

- Whole grain rolls are available for bread service

You may substitute a Side of Greens or Fruit for French Fries for \$2.95

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

A 10% service charge and applicable sales tax will be added to all orders

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